

At Home Network Newsletter

At Home
Network Inc.

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CHAP AND MEDICARE ACCREDITED
CERTIFIED LEADING SKILLED HOME HEALTH CARE PROVIDER

SERVICED AREAS INCLUDE GENESEE, LAPEER, LENAWEE, MACOMB, OAKLAND, WASHTENAW, AND WAYNE.

WELCOME TO AT HOME NETWORK INC.



Bring your patient's care home to at home network.

At Home Network Inc. provides skilled nursing, specialized therapies, and personalized services to your patients in their home. Services can be provided temporarily or on an on-going basis for education related to medications, disease process, self care and home safety. As a leader in home care, we hire licensed and technically skilled individuals,

who possess strong interpersonal skills, and who wish to make a difference in your patient's life.

- **Registered Nurses**
- **Physical and Occupational Therapists**
- **Medical Social Workers**
- **Registered Dieticians**
- **Speech Pathologists**
- **Home Health Aids**

To enhance and improve our services we have a paperless home care system. We are part of Allscript Homecare who supplies a centralized data repository for multidisciplinary patient records. Clinicians have instant access to electronic patient

records, medication teaching information, and clinical documentation. When documentation is synchronized, corresponding orders are printed automatically. We can also connect you to our system and you can sign orders without paper. Ask us how?



SPECIALTY SERVICES OFFERED

Skilled Nursing

- Skilled Assessment
- Phlebotomy Services
- Wound Management
- Catheter Care
- Infusion Therapy
- Certified Ostomy Care
- Incontinence Programs
- Medication Education and Management
- Disease Process Education
- Medical Supplies

Physical Therapy Occupational Therapy

1. TENS Therapy
2. Electrical Muscle Stimulating Therapy
3. Ultrasound Therapy
4. Anodyne Therapy
5. Pain Management
6. Cardiac Pulmonary Rehab
7. Home Exercise Program
8. Training and Exercises specific to balance, transfer, and gait strengthening.



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Specialized Services

WOUND VAC	2
INFUSION THERAPY	2
ANODYNE THERAPY	2
CHF	3
COPD	3
DIABETES	3
FALL PREVENTION	4

Evidence Bases Research Outcomes

WOUND MANAGEMENT

WOUND VAC

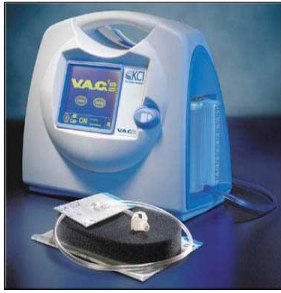
Documented in more than 90 peer review articles, therapeutic surfaces require less frequent dressing changes, reduce supply costs and skilled nursing visits, and even help reduce and prevent complications from immobility.

- Applies controlled, localized negative pressure to help draw wound edges together.
- Helps promote wound healing.
- Assists tissue granulation.
- Helps promote perfusion.
- Removes infectious material.
- Promotes healing of wounds with tunneling and undermining.

MIST THERAPY

MIST therapy is the new standard in evidence-based wound care. This healing device for wounds is the only noncontact, non-thermal, low intensity ultrasound device cleared by the FDA for healing. It creates ultrasound waves that produce and propel a gentle mist of sterile saline to the wound bed.

- Cellular Stimulation
- Removes Bacteria
- Cleans and Debrides Wound
- Painless
- Statistical significant wound closure rate



INFUSION THERAPIES

INTRAVENOUS THERAPY

Infusion therapy includes all activities associated with the administration of fluids, nutrients, and medications. With our home care and assistance from Infusion Partners, we offer a comprehensive range of services by providing high quality, state-of-the-art therapies and nursing care in the patients home. This service draws on the wealth of resources available through the health system network to accommodate the needs of the client and physician.

Therapy services include the following:

- Antibiotics
- Anti-Infective Agents
- TPN
- Fluid Replacements
- Blood Draws
- PICC Care



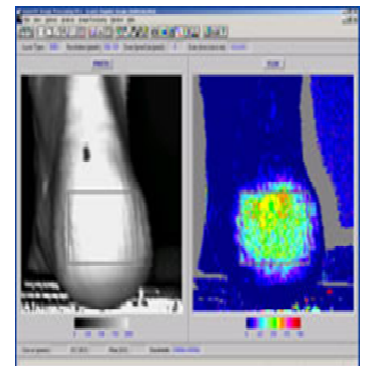
ANODYNE THERAPY

INFRARED THERAPY

The Anodyne Therapy system is an FDA-cleared infrared medical device that temporarily increases circulation and decreases pain, stiffness, and muscle spasm. Typical protocols include 30 minute treatments three times per week for about four weeks. Our physical therapy staff use this method for pain interventions when requested by physicians.

There are no known drug interactions or side effects. The risk of a thermal event is extremely rare.

The flexible therapy includes soft neoprene straps. The pads may be attached in direct contact with the area being treated for consistent results. The therapy pads are covered with a clear plastic barrier and placed in direct skin contact for maximum effect.



Home Health Standards and Documentation Guidelines

CONGESTIVE HEART FAILURE PATHWAY

Initial Visit Needs

Specific initial physician orders, supplies or equipment based on physician orders

Factors Justifying Home-bound Status

SOB, poor respiratory status, lower extremity edema impairing ambulation, O₂ dependence, angina in activity, cardiac restriction, limited energy and endurance; weakness due to age, illness, and activity, needs assistance to safely leave home

Long-Term Goals

- **RN** Compliance with regulated medications, Stable cardiovascular and respiratory status, Electrolytes WNL, Adequate output and effective tissue perfusion.
- **HHA** Safe, effective personal care, Patient clean and comfortable, ADL assistance
- **MSW** Referrals to community resources,

financial assistance, POC implementation

- **OT** Use of adaptive or assistive device, using conservation of energy techniques
- **PT** Increased mobility WNL to patient status, Safe progression in activity level per prescribed program, Patient and caregiver adhering to exercise regimen.



CHRONIC OBSTRUCTIVE PULMONARY DISEASE PATHWAY

Initial Visit Needs

Specific initial physician orders, supplies or equipment based on physician orders

Factors Justifying Home-bound Status

Severe weakness, unsteady ambulation, SOB with talking or exertion, wheelchair dependent, medical restriction, O₂ dependent, unable to leave home without device or assistance.

Long-Term Goals

- **RN** Improved O₂ exchange, Improved color, Adequate hydration and nutrition, Stable respiratory status, Clear lung sounds, Afebrile, Patient self care or family assistance
- **HHA** Effective personal hygiene, ADL assistance
- **MSW** Problem identifica-

tion on referral to community programs

- **OT** Functional mobility, Safe ADL's
- **PT** Functional ambulation, Return to mobility



ADAM.

DIABETES MELLITUS PATHWAY

Initial Visit Needs

Specific initial physician orders, supplies or equipment based on physician orders, venipuncture and glucose machine supplies, teaching skills

Factors Justifying Home-bound Status

Severe weakness or SOB, AKA, BKA, needs maximum assist to ambulate, paralysis from CVA, activity or cardiac restrictions

Long-Term Goals

- **RN** Patient or family will maintain self-care regarding DM with compliance to medication, insulin, and diet regimen, and self care needs, Stable medical status, Glucose WNL, Prevention of complications
- **HHA** Effective personal hygiene, Self-care regarding ADL's

- **MSW** Resources identified and patient utilizing community resource, Patient able to follow POC, Adjusting to diagnosis of chronic nature



Office Hours:
Monday-Friday
8:00 AM-6:00 PM
24 hour on call staff
available during and after
office hours, weekends,
and holidays by phone.

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Every 18 minutes
a person over the
age of 65 fall
with an injury;
every 35 minutes
a death occurs
from complications
related to the fall.

History

At Home Network, Inc. is a privately owned home health care company that was founded in 1995. The company began with a group of dedicated individuals who were interested in providing competent home health services to the people in our communities. We contain Medicare, Medicaid, and Blue Cross blue Shield certification. We also participate with several privately owned insurance companies. The county areas we service include Genesee, Lapeer, Lenawee, Macomb, Oakland, Washtenaw, and Wayne. We are devoted to attaining the highest degree of home health care. Our company's team of dedicated, experienced professionals specialize in meeting the unique needs of both your client and their families. So help bring At Home to your patients home.

DEDICATED TO FALL PREVENTION

Fall Prevention Program

The Falls Prevention Program was designed for patients with an increased risk of falls or frequent injuries due to impaired balance, gait deficits, and poor safety awareness. Falls can result in debilitating and costly injuries. In addition, the fear of falling can inhibit patients from pursuing normal activities, thereby increasing their dependence on others (Patient Care Inc. 2004).

Features and Benefits

- Comprehensive assessment based on objective scoring tool
- Avoidance of debilitating and costly injuries that decrease independence and socialization
- Focus on risk factor modification and confidence



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We're on the web!
www.athomenetworkinc.com